

# Hoko-ji

## Phoenix Heart Summer Gathering

August 9-13, 2023

Wed		Thu-Fri		Sat		Sun	
		5:40 AM	zazen				
		6:20	robe chant, kinhin				
		6:30	zazen	6:30	zazen	6:30	zazen
		7:10	service	7:10	robe chant, service	7:10	robe chant, service
		7:30	breakfast	7:30	breakfast	7:30	breakfast
		8:10	shoji	8:10	shoji		
			*break*		*break*		*break*
		9:10 AM	zazen	9:10 AM	free time: visiting	9:00 AM	Cleanup Hokoji "Leave No Trace"
		9:40	kinhin				
		9:50	zazen				
		10:20	kinhin				
		10:30	zazen or walk				
		11:10	kinhin			11:00	closing remarks
		11:20	zazen				
		11:50	kinhin				
		12:00	lunch	12:00	lunch	12:00	goodbyes
		<b>Phoenix Heart Gathering 2023</b>					
			*break*		*break*		
		1:50 PM	work	1:50 PM	zazen		
				2:30	Kinhin		
				2:40	Sangha Discussion (Led by Ian)		
		3:00	cleanup				
		3:10	tea-discussion				
		4:10	zazen	4:40	*break*		
		4:40	kinhin				
		4:50	zazen				
		5:20	kinhin				
5:30 PM	dinner	5:30	dinner	5:30	dinner		
			*break*		*break*		
7:00 PM	zazen	7:00 PM	zazen	7:00 PM	zazen		
7:40	opening remarks	7:40	kinhin	7:40	kinhin		
		7:50	talk	7:50	talk		
8:10	prostrations	8:30	prostrations	8:30	prostrations		

